



Young Carers: A Digital Platform for Support and Recognition

Co-designed with young carers and Carers Trust network partners.



Young people caring for family members often face hidden challenges – balancing school, friendships, and their own wellbeing with caring responsibilities. **young.bridgit.care** is a new digital platform, co-developed with **young carers themselves** and **Carers Trust network partners**, to provide structured assessments, personalised advice, and recognition in schools. It's early days, but already generating **great feedback** from young carers.

Our Aims

- Identify **hidden young carers** earlier through schools and outreach.
- Provide **structured online assessments** (PACA and MACA), linked directly to carer services.
- Support young carers with **education, wellbeing, and life balance**.
- Strengthen the connection between **schools, carer centres, and families**.

Early impact

- Young carers report **feeling less isolated and more confident** asking for help.
- Carer services receive **structured, actionable data** to respond quicker.
- Schools begin to recognise young carers more systematically.

“young.bridgit.care gives young carers a voice and a place where their needs are recognised and acted on.”



Together with Carers Trust partners and young carers, we're building a future where every young carer is supported and recognised. Learn more at **young.bridgit.care**

How It Works

School Engagement – QR codes & posters direct pupils to portal.

AI Coaches – guide young carers on wellbeing, education, finance, and housing.

Assessments – PACA/MACA completed online, producing reports for carer centres.

Regular Check-ins – fortnightly digital support, with safeguarding alerts flagged.

Recognition Tools – schools log consultations and achievements, giving young carers visibility.



LOOKING AHEAD

Expand rollout across schools and local authorities nationwide; Launch **peer mentor module** for young carers supporting each other in schools; and **Add analytics dashboards** for councils to track identification and outcomes.

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